



**FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

## 2011-2012 Youth Winter Basketball

It's that time again! The YMCA of Northwest North Carolina runs the largest basketball program in the region with thousands of kids participating each year. It is also one of the best programs available and is open for kids age 3 through 18. And new this year, there are more divisions and options than ever as well as the introduction of separate girls divisions. Your child will learn the basics of the game or develop their skills. But beyond that, she/he will grow as a person, as the league focuses on respect, sportsmanship, and other YMCA Character Development traits.

### Recreation League Information

Individual participants will be placed on a team, receive a reversible Y jersey, and have a practice once each week with a game on Saturday. There could be some weekday games included. Some divisions may travel to other YMCAs to play games. Teams will have a maximum of 8 players. Practices and games could be held at any of the following locations: Kernersville Family YMCA, Kernersville Middle School, East Forsyth Middle School, East Forsyth High School, or Southeast Middle School.

### Divisions

Boys-only and Girls-only Divisions: (5-6)(7)(8)(9)(10)(11)(12)(13)(14)(15)(16-18)

\* Divisions could potentially change based on registration numbers.

### Registration and Cost

September 1, 2011 – October 28, 2011

\$70/Member, \$95/Potential Member

\*The registration price will increase \$15 after the period has lapsed.



### Season Information

Practices begin the week of November 28 and games begin the weekend of December 10 and the season will be wrapped up by Saturday February 18(potentially before).

### Preseason Practices/Evaluations

Before the season starts, the Y will hold skills clinics for participants age 9 and younger. These clinics are free for all and are meant to get the kids up to speed on basketball basics before the actual practices start so that the coaches can spend practice time focusing on developing the team rather than introducing concepts. These sessions will be held by league coaches and Y staff. The Bishop McGuinness Varsity Boys Basketball Team will be assisting with these!

Ages 10 and up will also have open gyms lead by coaches and staff that will double as evaluations. These too are open to everyone in that fits the age range. However, it is mandatory that individuals registering for the Winter Basketball league that are age 10 or older attend at least one of the sessions in order to be evaluated by coaches for the draft. If a participant for these divisions cannot attend, his/her parents must notify the Sports Director prior to November 19.

### Team Information

Ages 10 and up will be evaluated and drafted in an effort to ensure that teams remain fair and balanced. In these divisions, special requests for coaches and teammates may not be honored as a quality league is our highest priority. We do, however, do our best to ensure that practice night requests are honored.

### KERNERSVILLE FAMILY YMCA

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Our Mission: "Helping people reach their God-given potential in spirit, mind and body."