



FOR IMMEDIATE RELEASE

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West Forsyth Family YMCA's Community Prayer Breakfast

CLEMMONS, NC – April 10, 2009 – The West Forsyth Family YMCA invites the entire community to attend its Community Prayer Breakfast on Thursday, May 7, 2009 at 7:00 a.m., benefiting the Clemmons United Methodist Food Pantry. This informal service promises to bring our community together in the spirit of prayer and faith!

The tradition dates back to February 19, 1795, when President George Washington issued a proclamation setting aside a day of public thanksgiving. An annual day of prayer was established by a joint resolution of Congress in 1952 and signed into law by President Truman. President Reagan signed an amendment to this law in 1988, specifically designating the first Thursday in May as the National Day of Prayer.

The theme for the 2009 National Day of Prayer is "Prayer, America's Hope," based on Psalms 33:22: "May your unfailing love rest upon us, O Lord, even as we put our hope in you." Dr. Gary Chapman of Calvary Baptist Church will be delivering the message. The event will include breakfast, a message, special music, a prayer for the nation as well as prayer and food collection for the Food Pantry.

Along with focusing on the national theme, the YMCA and its volunteers would like to pray specifically for the Clemmons United Methodist Food Pantry. Although this is a free event, the YMCA collects food donations for the food bank. The YMCA hopes to support the local charity through prayers and actions. The food bank is specifically in need of the following items: peanut butter, pasta and breakfast foods.

The YMCA looks forward to your participation in surrounding our community with the presence of God through the power of prayer! The West Forsyth Family YMCA is located at 1150 South Peace Haven Road in Clemmons. If you would like to reserve a seat or group of seats, please call the YMCA at (336) 712-2000.

About YMCA of Northwest North Carolina

When the first YMCA was established in 1844 in London, England, its mission was to promote positive Christian values as well as healthy behaviors and activities. Today, the YMCA movement has spread to more than 130 countries around the world, supporting and influencing the lives of millions of men, women and children of all backgrounds. The YMCA of Northwest North Carolina association, a United Way agency, has been serving Winston-Salem and the surrounding areas since 1888. We have created a tradition of enhancing the lives of people in our community through an ever-growing list of programs and opportunities. We're proud to serve the people of Northwest North Carolina by helping to build strong kids, strong families and strong communities. Our association currently serves more than 51,000 YMCA members and more than 100,000 people with our memberships and programs. The YMCA of Northwest North Carolina has adopted Healthy Community 2015 initiatives to prepare youth and teens to succeed, strengthen and support families, develop caring communities and adopt healthy living habits. The YMCA offers financial assistance for memberships and programs through the Open Doors Program. Learn more about the YMCA of Northwest North Carolina at <http://www.ymcanwnc.org>. For more information on its many branches and services, visit <http://www.ymcanwnc.org> or contact Amy McNeil, Director of Communications, at a.mcneil@ymcanwnc.org or 336-777-6252.

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