



**FOR IMMEDIATE RELEASE**

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**Announcing the New Moses Lucas Summer Youth Basketball League!**

**WINSTON-SALEM, NC** – May 25, 2009 – The Winston Lake Family YMCA Moses Lucas Summer Youth Basketball League is open to all 14-18 year olds who want to play basketball during the summer. Named in honor of Moses (Mo) Lucas, a longtime YMCA staff member who developed programs for youth, the league is affordable and open to everyone in the age group.

The cost is only \$25 with a commitment of 10 hours of service learning at the YMCA. Interested players should sign up by May 29 at 6:00 p.m. to do mandatory player evaluations. Practices begin on June 1 and games start on June 5. All practices and games are held at the YMCA. Teams will play two games each on Friday nights. Hurry - Registration ends June 5!

There are also opportunities to sponsor youth for the basketball league. Those interested can make a donation to the YMCA's Partner With Youth campaign, which provides financial assistance for membership and program fees.

For more information about the Moses Lucas Summer Youth Basketball League or Partner With Youth, contact Al Jabbar at [a.jabbar@ymcanwnc.org](mailto:a.jabbar@ymcanwnc.org) or 336-724-9205. The Winston Lake Family YMCA is located at 901 Waterworks Road.

**About YMCA of Northwest North Carolina**

When the first YMCA was established in 1844 in London, England, its mission was to promote positive Christian values as well as healthy behaviors and activities. Today, the YMCA movement has spread to more than 130 countries around the world, supporting and influencing the lives of millions of men, women and children of all backgrounds. The YMCA of Northwest North Carolina association, a United Way agency, has been serving Winston-Salem and the surrounding areas since 1888. We have created a tradition of enhancing the lives of people in our community through an ever-growing list of programs and opportunities. We're proud to serve the people of Northwest North Carolina by helping to build strong kids, strong families and strong communities. Our association currently serves more than 51,000 YMCA members and more than 100,000 people with our memberships and programs. The YMCA of Northwest North Carolina has adopted Healthy Community 2015 initiatives to prepare youth and teens to succeed, strengthen and support families, develop caring communities and adopt healthy living habits. The YMCA offers financial assistance for memberships and programs through the Open Doors Program. Learn more about the YMCA of Northwest North Carolina at <http://www.ymcanwnc.org>. For more information on the YMCA of Northwest North Carolina and its many branches and services, visit <http://www.ymcanwnc.org> or contact Amy McNeil, Director of Communications, at [a.mcneil@ymcanwnc.org](mailto:a.mcneil@ymcanwnc.org) or 336-777-6252.

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