



FOR IMMEDIATE RELEASE

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**YMCA'S FALL FESTIVAL ON OCT. 16
INCLUDES CANADIAN CHRISTIAN ROCK BAND "STONESTHROW"**

WINSTON-SALEM, NC – October 2, 2009 – The Fulton Family YMCA invites families to attend its upcoming Fall Festival on Friday, October 16 from 6:00-8:00 p.m. Attendees will also be treated to a performance by musical guest "Stonesthrow," a Christian rock band from Ontario. The festival is free for everyone.

The YMCA's Fall Festival will include a cake walk, costume parade, live music, games, face painting, a chili cook-off contest and hay rides. Attendees are invited to come dressed up and participate in the costume parade. Hot dogs will be available for purchase during the evening of fun.

"Voluntary donations towards our Partner with Youth campaign will be accepted chili cook-off and cake walk, but this event is free. It's our way of showing our appreciation for being part of this community," says Gina Daugherty, membership director. Partner with Youth is the YMCA's annual fundraising campaign for its Open Doors program, which allows everyone, regardless of ability to pay, to participate in YMCA programs or memberships.

For more information about the festival, contact Gina Daugherty at (336) 661-1093 or g.daugherty@ymcanwnc.org. The Fulton Family YMCA is located at 385 West Hanes Mill Road in Winston-Salem.

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About YMCA of Northwest North Carolina

When the first YMCA was established in 1844 in London, England, its mission was to promote positive Christian values as well as healthy behaviors and activities. Today, the YMCA movement has spread to more than 130 countries around the world, supporting and influencing the lives of millions of men, women and children of all backgrounds. The YMCA of Northwest North Carolina association, a United Way agency, has been serving Winston-Salem and the surrounding areas since 1888. We have created a tradition of enhancing the lives of people in our community through an ever-growing list of programs and opportunities. We're proud to serve the people of Northwest North Carolina by helping to build strong kids, strong families and strong communities. Our association currently serves more than 51,000 YMCA members and more than 100,000 people with our memberships and programs. The YMCA of Northwest North Carolina has adopted Healthy Community 2015 initiatives to prepare youth and teens to succeed, strengthen and support families, develop caring communities and adopt healthy living habits. The YMCA offers financial assistance for memberships and programs through the Open Doors Program. For more information on the YMCA of Northwest North Carolina and its many branches and services, visit www.ymcanwnc.org or contact Amy McNeil, Director of Communications, at 336-777-6252 or a.mcneil@ymcanwnc.org.

Administrative Offices

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