



FOR IMMEDIATE RELEASE

Amy McNeil, Director of Communications
E-mail: a.mcneil@ymcanwnc.org
Phone: 336-777-6252
Fax: 336-777-6345

GIRLS ARE SCORING GOALS AT YMCA SUMMER CAMP!

KERNERSVILLE, NC – July 9, 2009 – Do your girls like running around outside? Did you know hockey isn't just for boys in the wintertime? Girls can play Field Hockey anytime of the year. Bring your girls to the Field Hockey Camp at the Kernersville Family YMCA to learn about a fun & unique sport!

The YMCA is offering a week-long camp designed exclusively for 6th-10th grade girls. Campers will learn about basic skills and rules of the game. Campers will make new friends, build self-esteem and confidence and learn the value of teamwork and sportsmanship.

The YMCA is offering this week-long camp session starting on July 27th and ending on July 31st. Girls Field Hockey Camp will run from 8:00 a.m. - 12:00 p.m.

Registration is going on now! The YMCA is committed to making the experience affordable for all families. The fee for YMCA members is \$80, while the fee for non-members is \$115. As with all YMCA programs, financial assistance is available through the YMCA's Open Doors program.

For more information about the YMCA's Girls Field Hockey Camp, contact Chris Brady at (336) 996-2231 or c.brady@ymcanwnc.org. Or visit: <http://kernersville.ymcanwnc.org/content326.html>. The Kernersville Family YMCA is located at 1113 West Mountain Street in Kernersville.

About YMCA of Northwest North Carolina

When the first YMCA was established in 1844 in London, England, its mission was to promote positive Christian values as well as healthy behaviors and activities. Today, the YMCA movement has spread to more than 130 countries around the world, supporting and influencing the lives of millions of men, women and children of all backgrounds. The YMCA of Northwest North Carolina association, a United Way agency, has been serving Winston-Salem and the surrounding areas since 1888. We have created a tradition of enhancing the lives of people in our community through an ever-growing list of programs and opportunities. We're proud to serve the people of Northwest North Carolina by helping to build strong kids, strong families and strong communities. Our association currently serves more than 51,000 YMCA members and more than 100,000 people with our memberships and programs. The YMCA of Northwest North Carolina has adopted Healthy Community 2015 initiatives to prepare youth and teens to succeed, strengthen and support families, develop caring communities and adopt healthy living habits. The YMCA offers financial assistance for memberships and programs through the Open Doors Program. Learn more about the YMCA of Northwest North Carolina at <http://www.ymcanwnc.org>.

For more information on the YMCA of Northwest North Carolina and its many branches and services, visit <http://www.ymcanwnc.org> or contact Amy McNeil, Director of Communications, at a.mcneil@ymcanwnc.org or 336-777-6252.

###

Administrative Offices

Winston Tower · 301 N. Main Street, Suite 1900 · Winston-Salem, NC 27101 · 336-777-8055

