



FOR IMMEDIATE RELEASE

Amy McNeil, Director of Communications
E-mail: a.mcneil@ymcanwnc.org
Phone: 336-777-6252
Fax: 336-777-6345

YMCA TEEN CAMP IS THE PERFECT 'DESTINATION'

KERNERSVILLE, NC – June 8, 2009 – If your teenager is seeking an exciting and educational way to spend the summer, the Kernersville Family YMCA has the perfect solution: Camp Destination.

The YMCA is offering week-long, full-day teen camp designed exclusively for rising 6th, 7th, 8th and 9th graders. Weekly activities will include sports, games, arts and crafts, swimming, team building and archery. Teens will also go on weekly field trips. Most activities will take place outdoors.

Camp Destination is geared towards entertaining and challenging teenagers through character development and team building. Teenagers will also make new friends, develop confidence and build greater self-esteem.

The YMCA is offering ten week-long camp sessions starting on June 15th and ending on August 21st. Teen Day Camp will run from 7:30 a.m.- 6:00 p.m.

Registration is going on now! The YMCA is committed to making the experience affordable for all families. The fee for YMCA members is \$130, while the fee for non-members is \$160. In order to secure a spot in the camp, a one-time registration fee of \$40 is required. As with all YMCA programs, financial assistance is available through the YMCA's Open Doors program.

For more information about the YMCA's Teen Day Camp, contact Ryan Wehs at (336) 996-2231 or r.wehs@ymcanwnc.org. Or visit: <http://kernersville.ymcanwnc.org/content260.html>. The Kernersville Family YMCA is located at 1113 West Mountain Street in Kernersville.

About YMCA of Northwest North Carolina

When the first YMCA was established in 1844 in London, England, its mission was to promote positive Christian values as well as healthy behaviors and activities. Today, the YMCA movement has spread to more than 130 countries around the world, supporting and influencing the lives of millions of men, women and children of all backgrounds. The YMCA of Northwest North Carolina association, a United Way agency, has been serving Winston-Salem and the surrounding areas since 1888. We have created a tradition of enhancing the lives of people in our community through an ever-growing list of programs and opportunities. We're proud to serve the people of Northwest North Carolina by helping to build strong kids, strong families and strong communities. Our association currently serves more than 51,000 YMCA members and more than 100,000 people with our memberships and programs. The YMCA of Northwest North Carolina has adopted Healthy Community 2015 initiatives to prepare youth and teens to succeed, strengthen and support families, develop caring communities and adopt healthy living habits. The YMCA offers financial assistance for memberships and programs through the Open Doors Program. Learn more about the YMCA of Northwest North Carolina at <http://www.ymcanwnc.org>.

For more information on the YMCA of Northwest North Carolina and its many branches and services, visit <http://www.ymcanwnc.org> or contact Amy McNeil, Director of Communications, at a.mcneil@ymcanwnc.org or 336-777-6252.

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Administrative Offices

Winston Tower · 301 N. Main Street, Suite 1900 · Winston-Salem, NC 27101 · 336-777-8055

