



**FOR IMMEDIATE RELEASE**

Amy McNeil, Director of Communications  
E-mail: a.mcneil@ymcanwnc.org  
Phone: 336-777-6252  
Fax: 336-777-6345

**Middle School Students to Raise Money for Haiti Relief Effort  
at YMCA's "Saturday Night Live" on January 23**

**KERNERSVILLE, NC – January 18, 2010** –Kernersville Family YMCA's popular "Saturday Night Live" will be giving back this Saturday. Students proposed holding an extra "Saturday Night Live" this month to raise money for earthquake victims in Haiti. The event will be held this Saturday, January 23 from 7:30 – 10:30 p.m.

While students dance, play games and socialize, they'll also be helping others. All proceeds from the evening will be donated to the Red Cross for its Haiti relief efforts. "It feels great to be able to make a donation to such a positive cause. We will be helping countless families in Haiti," says Ryan Wehs, Teen and Family Services Director for the Kernersville Family YMCA.

Saturday Night Live is open to middle school students, grades 6 – 8, who want a safe night out without parents so they can hang out with friends and have fun. It is open to members as well as non-members of the YMCA. Those interested in attending Saturday Night Live can come to the Kernersville Family YMCA, located at 1113 W Mountain St in Kernersville. Middle school students will be admitted from 7:15 p.m. on. This week the cost is \$10 for students and they are asked to bring snacks. Drinks will be provided. Activities include a live DJ, dancing, game room and basketball.

For questions, more information or song requests, please contact Ryan Wehs at r.wehs@ymcanwnc.org or 336-996-2231 x118.

**About YMCA of Northwest North Carolina**

When the first YMCA was established in 1844 in London, England, its mission was to promote positive Christian values as well as healthy behaviors and activities. Today, the YMCA movement has spread to more than 130 countries around the world, supporting and influencing the lives of millions of men, women and children of all backgrounds. The YMCA of Northwest North Carolina association, a United Way agency, has been serving Winston-Salem and the surrounding areas since 1888. We have created a tradition of enhancing the lives of people in our community through an ever-growing list of programs and opportunities. We're proud to serve the people of Northwest North Carolina by helping to build strong kids, strong families and strong communities. Our association currently serves more than 51,000 YMCA members and more than 100,000 people with our memberships and programs. The YMCA of Northwest North Carolina has adopted Healthy Community 2015 initiatives to prepare youth and teens to succeed, strengthen and support families, develop caring communities and adopt healthy living habits. The YMCA offers financial assistance for memberships and programs through the Open Doors Program. Learn more about the YMCA of Northwest North Carolina at <http://www.ymcanwnc.org>. To find out more about the YMCA of Northwest North Carolina and its many branches and services, visit <http://www.ymcanwnc.org> or contact Amy McNeil, Director of Communications, at a.mcneil@ymcanwnc.org or 336-777-6252.

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**Administrative Offices**

**Winston Tower · 301 N. Main Street, Suite 1900 · Winston-Salem, NC 27101 · 336-777-8055**

[www.ymcawnc.org](http://www.ymcawnc.org)

Mission: Helping people reach their God-given potential in spirit, mind and body.

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