



# FIND YOUR AFTER SCHOOL SPOT. FIND YOUR Y.



## Forsyth County: YMCA Before and After School Academy

### **After School Academy is part of the YMCA's history of dedication to youth development.**

It was established to meet the needs of working parents while providing children with a fun, safe, and enriching environment. Our program offers a variety of daily activities focusing on the following:

- Academic Support (Reading and STEM)
- CATCH curriculum\*
- Confidence and Character Development
- Fitness and Health Education
- Games
- Service Learning
- Homework Support with certified teachers
- YMCA Healthy Eating and Physical Activity Standards
- Healthy Snacks
- Guest Speakers and demonstrations
- Arts and crafts

Learning doesn't stop when the school day ends. The Y provides the academic support needed to help students achieve their full potential. Each day is filled with educational activities that also incorporate active play to develop a lifelong love of health and wellness.

### **BUILD YOUR OWN PLAN:**

Choose an option that works for you! After School, Spring Break and Out of School days. A one time \$50 registration fee applies to all before and after school options.

#### **After School** (monthly)

- 5 days a week: \$220 members / \$270 potential members
- 3 days a week: \$135 members / \$165 potential members

#### **NEW for 2023-2024**

- Before School Drop In: \$15/day
- After School Drop In: \$20/day
- Sibling Discount: \$20 per child per month after the first child
- Military/First Responder (Fire, Police, EMS) Discount: \$20 per child per month

The above discounts can be applied with Financial Scholarships, but no other discounts, i.e. parents cannot receive a multi-sibling discount AND a military/first responder discount.

\*CATCH stands for Coordinated Approach to Child's Health. For over 25 years, the CATCH platform has been proven to launch kids and communities toward healthier lifestyles. Originators of "GO, SLOW and WHOA" food categories, CATCH is the most cost effective means of preventing childhood obesity, in an environment that's fun and easy to sustain.

## Important Dates to Remember

Remember: Snow and Early Release days are included FREE in all After School options.\*

### SEPTEMBER

September 4 Labor Day CLOSED

### OCTOBER

October 30 Teacher Work Day 7:00 a.m. - 6:00 p.m.

### NOVEMBER

November 10 Veterans Day CLOSED  
November 22 Teacher Work Day 7:00 a.m. - 6:00 p.m.  
November 23-24 Thanksgiving and Holiday CLOSED

### DECEMBER

December 18-22 Winter Break 7:00 a.m. - 6:00 p.m.  
December 25-26 Christmas and Holiday CLOSED  
December 27-29 Winter Break 7:00 a.m. - 6:00 p.m.

### JANUARY

January 1 New Year's Day CLOSED  
January 2 Winter Break 7:00 a.m. - 6:00 p.m.  
January 15 Martin Luther King Jr. Holiday CLOSED  
January 26 Teacher Work Day 7:00 a.m. - 6:00 p.m.

### MARCH

March 5 Teacher Work Day 7:00 a.m. - 6:00 p.m.  
March 29 Good Friday CLOSED

### APRIL

April 1-5 Spring Break 7:00 a.m. - 6:00 p.m.  
April 8 Teacher Work Day 7:00 a.m. - 6:00 p.m.

### MAY

May 27 Memorial Day CLOSED

## OUT OF SCHOOL DAYS AT THE Y

\$35 Members/\$45 Potential Members

\*Those not enrolled in the YMCA After School Program must pay Out of School Day prices.

## MAXIMIZE YOUR SAVINGS!

Become a YMCA member and save money on After School Academy, Youth Sports, Swim Lessons, and more!

- Unlimited access to the YMCA
- Free group and family fitness classes
- Free access to swimming pool, basketball, and raquetball courts
- Free Kids Zone (formerly Child Watch) available with memberships that include dependents
- Discounted rates on Youth Sports, Swim Lessons, and other programs
- No membership contracts!

## FINANCIAL ASSISTANCE

The Y is committed to turning no one away from a program or membership due to an inability to pay. Financial assistance is available through the Y's Open Doors program to those who qualify. Inquire at the YMCA for more information or call our Youth Development office at 336 727 4849. The Y is a United Way Agency.

### SCHOOLS SERVED

Clemmons Middle School  
Meadowlark Middle School  
Flat Rock Middle School  
East Forsyth Middle School  
Kernersville Middle School  
Walkertown Middle School  
Downtown Middle School  
Hanes Middle School  
Paisley Middle School  
Wiley Middle School  
Jefferson Middle School

### PROGRAM LOCATION

#### After School

Jerry Long Family YMCA  
Jerry Long Family YMCA  
Jerry Long Family YMCA  
Kernersville Family YMCA  
Kernersville Family YMCA  
Kernersville Family YMCA  
William G. White, Jr. Family YMCA  
William G. White, Jr. Family YMCA  
William G. White, Jr. Family YMCA  
William G. White, Jr. Family YMCA  
Robinhood Road Family YMCA



"I can't begin to express my appreciation and gratitude to the Y for its after school program. It has been a great comfort to me for many years to know my children were in a safe, caring environment with people I trust. They are provided with a healthy snack, homework time, and fun activities every day. The counselors exhibit and encourage positive character traits and are true mentors. Thank you, YMCA after school for all you do to care for our children!" - Stacey R.

For more information, please visit [www.ymcanwnc.org](http://www.ymcanwnc.org) or your local branch.